

Mission Superheroes







Famous dyslexic people?

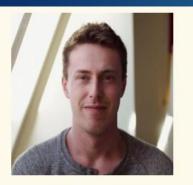








Dyslexia Scotland Young Ambassadors

























Words 'jump around' the page when I'm reading and I lose my place

It's not just about spelling. I am happy if I'm given something to build.

I'm good at speaking but find it much harder to write ideas down

What is Dyslexia...?

Copying from the board is hard

I get sore eyes, headaches and feel really tired after school I find it hard to follow instructions - it can take a while for something to 'click'

He can be very creative and find lots of solutions to challenges



He finds it hard to follow instructions - it can take a while for something to 'click'

Determined to succeed - highly driven and ambitious

He aims for the top but doesn't want to take the steps in between Caring/thoughtful and tuned in to how others feel



Doesn't believe in himself

Emotionally intelligent

Finds it really hard to be organised

Sees things others don't



Sensitive to criticism and lets sad feelings get in her way

Thrives when allowed to think and act creatively

Doesn't remember to use her creative strengths in difficult situations

Becomes more powerful by feeding off others' negative thoughts



Powerless against a growth mindset

Your Mission

You can work in groups or yourself

 Create your own superhero to defeat Mr Dyspicabilia

Give your new superhero a cool name

 You can do anything to bring your hero to life so draw, make up a play or song





Review Time

- Time to share your characters with the group!
- Tell the class what your Superheroes do, what their names are and how they can help you

Key messages

- Remember how brilliant your ideas are and use your strengths
- Ask for help when you need it
- Don't be embarrassed about your dyslexia

Dyslexia Unwrapped website



Dyslexia Unwrapped

A website for 8-18 year olds

www.unwrapped.dyslexiascotland.org.uk



Top tips for learning



What is dyslexia?



'A day in the life' stories

Films of our Young Ambassadors talking about their dyslexia

Videos, drawings, stories and competitions!



